

True warriors in MedGp

By Col. Doug Richardson
48th Fighter Wing commander

Say the word "combat" and images of jet fighters, soldiers and fighting usually come

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On the cover

Photo by SSgt. Steve Ball

A1C Johnathon Trumper, armament systems flight crew member, (left) and SSgt. Drew Page, armament systems flight weapons crew chief, perform an annual inspection on an F-15 20mm gun.

to mind. But for each member of the Air Force, this word means something a little different. For members of the Liberty Wing's medical group, combat often means fighting for someone's life.

I recently received a letter that exemplifies the courage, dedication and devotion to duty that characterizes our combat medical corps at RAF Lakenheath. Here are parts of that letter, changed a bit to ensure privacy:

"Sir,

Back in October of last year, I was seeing Dr. (Maj.) Mark Harber for a routine high blood pressure problem I have. He'd been after me to have my prostate checked for quite some time."

The doctor, out of concern for his patient, ordered the man to allow a few tests. Unfortunately, a cancer was found in the man's prostate. But because of the doctor's persistence, it was found in time.

"The bottom line is in all probability I owe my life to Maj. Harber, because I would have kept putting it off ... And later on (the cancer) would have been inoperable. I will always be deeply indebted to him."

"These are the true heroes," wrote the man. "Who unselfishly give of themselves so that others' suffering will be eased. When

others get 'down' days, these professionals are still on the job. When we who work in the flying side of the Air Force go home, these people must stay on the job, to see that we get the care we all take for granted."

Everyday, our Liberty Wing medics are fighting skillfully in the trenches of life and death. They're not flying aircraft or guarding perimeters, but they're in real combat, often fighting for our lives and making the tough calls.

We are truly fortunate at the 48th Fighter Wing to have the caliber of medical professionals that we do. They are an integral part of the Liberty Wing team and the essence of true warriors. Long days and difficult nights never deter them from getting the job done and that's key in any combat situation. Our wing and our community are thankful.

Letters and comments such as the one I've shared here with you are a real source of inspiration. I'm proud to be in the Liberty Wing and even prouder to serve alongside the Liberty medics. With their heads held high, they can proudly say, "We are warriors." But I think the gentleman's letter said it best:

"We have a medical facility that is staffed with totally dedicated people... They are true 'Quality Air Force.'"

Not only the walls have ears

By TSgt. Dennis Bird
Information security specialist

Have you ever seen the poster reading "the walls have ears?"

I wish that's all we had to worry about. With all the technology we have today, there are numerous ways to give up our nation's secrets.

Whether it be fax machines, computers, electronic-mail or telephones, we need to think before we create, discuss or transmit classified information.

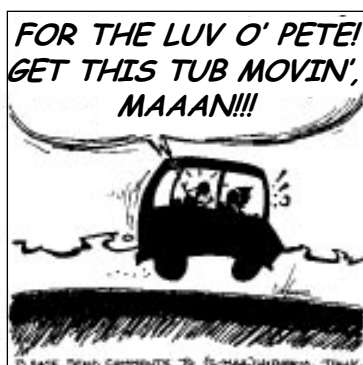
This is equally important no matter if you use classified information on a daily basis or

hardly at all. It is easy to become complacent if you often use classified information or are unsure what to do if you rarely have access to it.

The major way to prevent the loss of our nation's secrets is education. A simple briefing at a work center meeting, commander's call or asking questions if unsure can make all the difference. Remember, if unsure how to handle classified information, always ask.

People who have questions relating to classified information can call unit security managers. If they are unable to help, call the 48th Security Policy Squadron information and personnel security staff at Ext. 1420 or 3681.

Sgt. Scratchie



By SrA. Michael Witmer

Action Line

Playground at Feltwell

Is there any way we can get some playground equipment installed in the housing areas at RAF Feltwell?

There are no plans to install additional playground equipment in the Feltwell housing areas until fiscal year 1999, as part of the whole-house-improvement program.

Presently, minor-improvement-program funds that can be used for playground equipment in all housing areas are severely limited. We need the funds to complete sorely-needed parking improvements in the RAF Lakenheath and Feltwell housing areas. (POC: John Bialke, 48th Civil Engineer Squadron, Ext. 2100)

15-minute parking

Can most or all of the parking spaces in the parking area

by the dry cleaners, military clothing, and alterations be marked "15 minute parking only?" I dislike walking hundreds of yards in the rain and wind with my clean laundry and I am sure others do too.

No. There are more parking spaces in that area than there are customers for those facilities. Limiting parking to 15 minutes in all spaces would mean most would remain empty throughout the day.

In mid-January we put in two 15-minute parking spaces, which will help people get in and out quickly with clothes in hand. (POC: 48th Support Group, Ext. 4504)

Lunch breaks at Feltwell

It seems that elementary students at RAF Feltwell only have 15 minutes or less to eat

lunch. Is there any way they can be given more time to eat?

Yes. As a result of your query, Principal Sharon Freed has directed lunchroom monitors to wait an additional five minutes before reminding children to finish eating lunch.

All elementary students have 45 minutes for a combination lunch and recess. Students who need more time, however, will not be forced to leave the lunchroom after 20 minutes. They may remain until they have eaten their lunch. (POC: Stephen Michael, liaison schools officer, Ext. 5078)

24-hour cable repair

Is there any way CableCom can offer 24-hour repair services? I have missed three major sports events because my cable has gone out and no one has repaired it in a timely manner.

Yes, but rates would increase by 50 percent for CableCom customers. The current contract

requires CableCom to provide maintenance from 8 a.m. - midnight and fix problems within 16 hours. Based on this, we have decided not to renegotiate for a 24-hour service. (POC: Alan Rose, contracting specialist, Ext. 7087)

Action Line

The Action Line is your direct link to me for complaints, suggestions, or comments. It's not intended to replace the chain of command. When normal command and agency channels haven't been able to resolve your concerns, call Ext. 2324, fax (Ext. 5367), e-mail (Action_Line), distribution (48 FW/PA), mail (48 FW/PA, Unit 5210 Box 215 APO AE 09464-0215), or hand carry your Action Line to the public affairs office (Bldg. 1085). You may remain anonymous; however, to receive a reply, leave your name, unit, duty or home phone number, and full APO mailing address. Names will be kept confidential.



48th Fighter Wing commander

Overtaking cars on small British roads is more than just a 'passing' concern . . .

By Bob Van Elsberg
Road and Recreation managing editor

Nothing adds zest to your driving experience like pulling into the oncoming lane to pass and discovering the "squirrels" under the hood are taking a nap. There you sit - accelerator pedal mashed to the floor while you keep one eye on the approaching traffic and the other on the vehicle you're trying to pass. Before long, it becomes obvious your "time to impact" with an oncoming 18-wheeler is less than what you need to finish passing. You decide its better to be safe than sorry and drop back behind the vehicle you were trying to pass.

The above-described scenario is pretty common on country roads. The four-cylinder engines in many of today's small cars lack the "muscle" of their six- and eight-cylinder cousins. Still, there is a better procedure than pulling into the oncoming lane,

jamming the "pedal to the metal," and hopping for the best. I call it the "Slingshot Method."

What is the "Slingshot Method?" Basically, it's planning your pass in advance and allowing enough room to build up passing speed before pulling into the oncoming lane.

The first step is like drawing back a slingshot pouch in preparations to shooting. Rather than pulling up close behind the car you want to pass, stay back and allow yourself some room to accelerate in your lane. The old rule for following a vehicle - allowing one car length for each 10

mph speed - is a pretty good rule of thumb.

Not only do you allow room ahead for emergency stops, you also allow room to get up to passing speed before venturing into the oncoming lane. In the bargain, you also get better visibility down the road, especially if the vehicle in front is a large truck. That visibility will help you see dangers in the road ahead such as blind curves,

dips which could hide an approaching car, or vehicles entering from side roads.

The next step is like releasing the slingshot's pouch and allowing it to fly forward. Once you're sure it's safe to pass, accelerate to a safe passing speed and signal your intentions. Check the rearview mirror to make sure no one is trying to pass you, then check ahead again to make sure the road is still clear. Once you've approached to within two car lengths of the vehicle you want to pass, pull smoothly into the oncoming lane and go around. Signal your intention to return to your traffic lane and leave enough space behind so that you don't cut off the other driver.

Passing on one-lane country roads will always be potentially dangerous - especially for drivers of slow-ac-

celerating cars. Also, wisdom dictates you should never try to pass when doing so means exceeding the speed limit or going too fast for the road you're on. Using the "Slingshot Method" will, however, reduce the time you're exposed to oncoming traffic. And that will make the process safer - and much less heart-stopping - for all involved.

Nothing adds zest to your driving experience like pulling into the oncoming lane to pass and discovering the "squirrels" under the hood are taking a nap.

Certificates replace gas rations coupons

By Maj. Vic Warzinski
3rd Air Force public affairs

Buying gas on base is easier with a new system that takes effect Feb. 15.

Customers no longer need to count out coupons for the gas they purchase. Instead, they show a certificate of eligibility and their military identification card to purchase gas on base. Unit orderly rooms will issue the certificates.

To ease the transition, officials plan a month of overlap between the old and new systems. Beginning Feb. 15, customers may present either an identification card and certificate of eligibility or the appropriate number of ration coupons to purchase gas. After March 15, however, AAFES gas stations will no longer accept the coupons.

"The (current) coupons reflect they are valid until (Jan. 15)," said C. E. Myers, the 3rd Air Force attorney who negotiated the new agreement with customs and excise. "We will administratively accept them through the middle of March."

"Although we no longer limit the amount of gasoline people get, we intend to strictly control who is able to get it," Myers said.

The certificates list the names and car-license numbers of people authorized to use them.

As with the current program,

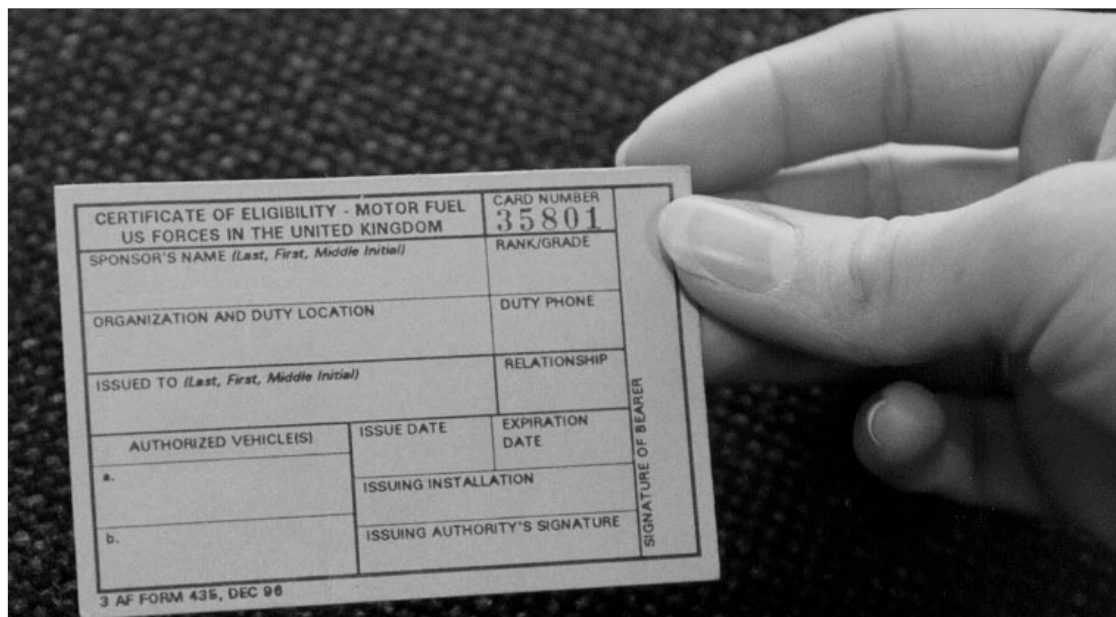


Photo by SrA. Sarah Franco

People can begin using the new ration cards Feb. 15.

entitled people include: members of the U.S. armed forces; U.S. civilian employees of the U.S. military departments including non-appropriated-fund employees; and U.S. civilians accompanying and serving exclusively with U.S. armed forces. This means that while spouses are eligible for the certificates, other dependents are not.

Other people, such as U.S. military retirees, British staff, concessionaires and other non-U.S. employees are not eligible for the program.

Each base maintains a list of

all motor vehicles belonging to U.S. people registered at the base. The list includes the owner's name, license-plate number, make and model of each vehicle and the expiration date of road tax and insurance. Orderly rooms note whether the driver and vehicle are appropriately licensed, insured and current with British road-tax requirements. No applications for certificates will be approved for people or vehicles not on the list.

The certificates allow people to purchase gasoline and diesel fuel from AAFES service stations only. People can also use the cer-

tificates to buy Navy prepaid gas coupons for use in specified locations. Patrons need to show their military identification cards and certificates when they buy the coupons.

Fuel can't be dispensed into unregistered vehicle or other containers, except for a small gas can for use in emergencies. The cans must be two-and-a-half gallons or smaller. People must turn in their certificates when they go to a new assignment, sell or otherwise dispose of their vehicle, or when other conditions under which the certificate was issued no longer apply.

Jason Project Eight

Sarah Eversman and Jack Parkinson, fifth-graders at Feltwell elementary school, work on an upcoming Jason Project. Students from RAF Lakenheath and local British schools will participate in Jason Project, a virtual science exhibition from the center of the earth, April 28 - May 9 compliments of the Department of Defence Dependant Schools U.K. district office. Using advanced "you are there" telecommunication technologies via the internet, local students will be transported inside volcanoes, boiling mud pots and geothermal pools with gushing geysers in the Yellowstone National Park. They will also help scientists working with glaciers in Iceland.



New chart lists ages for services facilities use

The chart below identifies the ages children must be to use 48th Services Squadron facilities and participate in certain activities.

"There was confusion as far as where kids could and couldn't go," said Lt. Col. Michael O'Dell, 48th SVS commander. "This should clarify it."

Children and parents now have specific guidelines they can use to decide what on-base activities they want to participate in, he added.

Youth in the Very Important Teen program can participate in even more activities, said O'Dell. Teens who qualify and who have been trained at certain facilities are allowed to use the facilities when they like. The facilities include the fitness and sports center, golf course, arts-and-crafts center and woodcrafts center.

The VIT program will be expanding to include other facilities, said O'Dell. For more details, call Ext. 5373.

"These programs are just another way the 48th Services Squadron tries to improve quality of life at RAF Lakenheath," said O'Dell.



Photo by SrA. Sarah Franco

Kate Galloway uses the base swimming pool Tuesday as part of the RAF Lakenheath Barracuda swim club.

Facility/Activities	Minimum age to use facility/ activities without supervision	Minimum age to use facility/ activities with supervision	Minimum age to use facility/ activities in a staff-supervised services program
Aero club	17 years old	15 years old	15 years old for lessons, 16 years for solo and 17 years for licence
Bowling center	10 years old	None	3 years old for Young American Bowling Association
Electric Avenue	10 years old. 18 for PG material	None	Not applicable
Liberty Club	18 years old	None	Not applicable
Golf course	14 years old to attend junior clinic. Otherwise, 16 years old	8 years old on course. None to use pro-shop and snack bar	8 years old for classes
Officers' club	18 years old	None	Not applicable
Rod and gun club	12 years old. 18 years to shoot	10 years old to shoot. None to use restaurant	10 years old
Skating rink	10 years old	None	6 years old for classes
Lodging	18 years old	Not applicable	Not applicable
Outdoor recreation outings	Determined by activity	Determined by activity	Determined by activity
Outdoor recreation equipment checkout	18 years old	12 years old	Not applicable
Arts-and-crafts center	16 years old. 13 if VIT	12 years old	6 years old School's Out Arts Program
Wood crafts center	16 years old. 13 if VIT	12 years old	6 years old SOAP
Auto crafts center	16 years old	12 years old	12 years old
Library	10 years old	None	3 years old preschool
Community activities center	10 years old	None	6 years old SOAP
Information, Tickets and Tours	16 years old	Determined by activity	6 years old SOAP
Pizza place	10 years old	None	6 years old
Fitness and sports center	16 years old. 13 if VIT	6 years old. Must be 16 years old or 13 years old if VIT to use equipment.	6 years old for classes
Youth activities	9 years old	5 years old	5 years old
Youth sports program	9 years old	None	5 years old
Swimming pool	11 years old with demonstrated ability to swim	Potty-trained children	3 years old for classes
Minors left alone overnight. (If any children are under 14, an adult must be present)	14 years old or over	Not applicable	Not applicable
Minors unsupervised (not accompanied by a parent or qualified baby-sitter)	10 years old or over	Not applicable	Not applicable
Minor left unattended inside a vehicle	9 years old or over	Not applicable	Not applicable
Qualified baby-sitter	12 years old or over	Not applicable	Not applicable
Purchasing alcohol	18 years old or over	Not applicable	Not applicable
Consuming alcohol on base	18 years old or over	None, with parent only in confines of private home	Not applicable
Consuming alcohol off base	18 years old or over	None, with parent only in confines of private home	Not applicable
Purchasing rationed tobacco products	18 years old or over	Not applicable	Not applicable
Purchasing non-rationed tobacco products	16 years old or over	Not applicable	Not applicable
Using tobacco products	16 years old or over if non-rationed. 18 years old or over if rationed	16 years old or over if non-rationed. 18 years old or over if rationed	16 years old or over if non-rationed. 18 years old or over if rationed

48th Fighter Wing Award Winners

February promotions

Officer promotions

The following are February's of-
ficer promotions.

To colonel

Sarla Saujani, 48th Medical Op-
erations Squadron, was promoted to
colonel.

To lieutenant colonel

Charles Reed, 494th Fighter
Squadron; and **Robert Lemmon**,
492nd FS, were promoted to lieutenant
colonel.

To major

Jay Silveria, 48th Operations
Group; **David Sayle**, 48th Dental
Squadron; and **Timothy
Pharris**, 492nd FS, and **David
Pierson**, 48th DS were promoted
to major.

To captain

Benjamin Burdick, 493rd FS, was
promoted to captain.

Enlisted promotions

The following are February's en-
listed promotions.

To master sergeant

Hakeem Basheeruddeen, 48th
Communications Squadron; **Michael
Bierl**, 48th Civil Engineer Squadron;
Mark Damuth, 372nd Training Squad-
ron, Detachment 16; **Russell Martin**,
48th CES; **Phillip Neal**, 48th DS;
Michael Purvis, 451st Intelligence
Squadron; **Daniel Radabaugh**, 494th
FS; **Paul Thornton**, 48th Equipment
Maintenance Squadron; and **Anne
Wagner**, 48th Medical Support
Squadron.

To technical sergeant

Ivan Blanco, 48th Operations Sup-
port Squadron; **Vincent Harper**, 451st
IS; **Phillip King**, 451st IS; **Charles
Liljestrand**, 48th EMS; **Alan Perry**,
48th EMS; **Frederick Stevens**, 48th
Component Repair Squadron; **Kim-
berly Todd**, 48th Medical Group; and
Jeffery Wilson, 493rd FS.

To staff sergeant

Christopher Colburn, 48th
EMS; **Jerome Cooper**, 48th CRS;
Michael Doughty, 48th CRS; **Jason
Ellis**, 48th CRS; **Lonnie Everhart**,

48th OSS; **Lester Gaither**, 492nd
FS; **Paula Knight**, 48th Security
Police Squadron; **Craig Moore**, 48th
SPS; **Allen Orahood**, 48th OG; **Rich-
ard Stewart**, 48th Supply Squad-
ron; **Troy Thompson**, 48th EMS;
Steve Vasko, 493rd FS; and **Michael
Weber**, 48th CS.

To senior airman,

below-the-zone

Steven Doner, 48th SPS; and
James Walsh, 493rd FS.

To senior airman

Andrew Gorman, 451st IS;
Christopher Guastella, 48th
MDSS; **Edward Jones**, 48th SPS;
Daniel Kadous, 48th EMS; **Zackary
Lampkin**, 494th FS; **Thomas
Laraway**, 48th EMS; **Shelley Mar-
tin**, 48th SPS; **Ronald Mascis**, 48th
Transportation Squadron; **Todd
Murphy**, 48th CRS; **Michael
Webster**, 48th MDSS; and **Russel
Whitson**, 492nd FS.

To airman first class

Sean Anderson, 494th FS;
Joshua Ardoin, 48th SPS; **Ricardo**

Bolden, 48th EMS; **Michael Caputo**,
48th CES; **Patrick Colclasure**, 48th
SPS; **Eugene Comithier**, 48th CRS;
Samuel Denny, 48th EMS; **Jeremy
Flannery**, 48th CRS; **Peter Foster**,
48th SUPS; **Ronald Grajeda**, 48th
CES; **Elias Guerra**, 492nd FS;
Rachel Horne, 494th FS; **Bruce
Kircher**, 493rd FS; **Glendon
Martinez**, 48th SUPS; **Tamara
Mike**, 48th Aerospace Medicine
Squadron; **Jeffrey Niccoli**, 48th
CRS; **Richard Owoh**, 48th SPS;
Arthur Paz, 48th TRANS; **Rachel
Puls**, 48th MDOS; **Robert Reuille**,
48th MDOS; **Christopher Rodgers**,
48th CRS; **Jeremy Rogers**, 493rd
FS; **Eric Schoenleber**, 48th CS;
Daniel Sifuentes, 48th CRS;
Michael Thrush, 48th EMS; **Jason
Turner**, 494th FS; **Brian Warfel**,
493rd FS; and **Billy Wilkes**, 48th
EMS.

To airman

Rebecca Cousins, 48th SUPS;
Stephen Dunham, 48th EMS; **Daniel
King**, 494th FS; **Jeremy Reali**, 48th
EMS; and **David Wolfe**, 48th EMS.

Award winners

□ The 48th Supply Squadron October - De-
cember quarterly award winners are: **SrA. Rob-
ert Maher** - Airman of the Quarter; **SSgt. John
Lovering** - NCO of the Quarter; **SMSgt. Peter
Christofferson** - Senior NCO of the Quarter;
Capt. Traci Madison - Company Grade Officer
of the Quarter; and **Rocky Schlamandinger** -
Non-supervisory Civilian of the Quarter.

□ The 5th Space Surveillance Squadron
annual award winners are: **SrA. John Pote** -
Airman of the Year; **SSgt. Johnny Chapman** -
NCO of the Year; **SMSgt. Charles Davis** - Senior
NCO of the Year; and **1st Lt. Stephanie Jarl** -
Company Grade Officer of the Year. The 5th SPSS
October - December quarterly award winners are:
SrA. Michael Small - Airman of the Quarter;
TSgt. Terry Rector - NCO of the Quarter; **MSgt.
Richard Lehti** - Senior NCO of the Quarter; and
Capt. Peter Flores - Company Grade Officer of
the Quarter.

□ The 48th Fighter Wing Financial Man-
agement received the USAFE Financial Man-
agement and Comptroller Organization of the
Year award. **Sheryl Ward-Labat** is the USAFE
Financial Services Civilian of the Year. **Capt. Jay**

Helming is the USAFE Financial Analysis Of-
ficer of the Year. **TSgt. Carol Archangel** is the
USAFE Financial Analysis Airman of the Year.

□ The 48th Contracting Squadron is the
Outstanding Operational Contracting Unit in
USAFE. **Marilyn Lemmon** is the USAFE Super-
visory Secretary of the Air Force Professionals
in Contracting winner. **Donna Lindsly** is the
USAFE Non-supervisory Secretary of the Air
Force Professionals in Contracting winner. **MSgt.
Thomas Donnelly** is the USAFE Senior NCO
Outstanding Enlisted in Contracting winner.
TSgt. Eldonna Fernandez is the USAFE NCO
Outstanding Enlisted in Contracting Winner.
Maria Fox is the USAFE Outstanding Contract-
ing Support winner. The unit and individual
winners compete at the Air Force level in March.

□ The 494th Fighter Squadron is the USAFE
1996 Maintenance Effectiveness Award winner
for small aircraft maintenance.

□ **Lilliana Trevino** is the January American
Red Cross Volunteer of the Month.

□ The 48th Mission Support Squadron an-
nual award winners are **A1C Tracie Timmerman** -
Airman of the Year; **SSgt. Ali Highsmith** -

NCO of the Year; **MSgt. Allison Roberts** -
Senior NCO of the Year; and **Capt. Julie Harmon** -
Company Grade Officer of the Year. The 48th
MSS October - December quarterly award win-
ners are: **SrA. Yolanda Norman** - Airman of the
Quarter; **SSgt. David Wooldridge** - NCO of the
Quarter; **MSgt. Jeff Roberts** - Senior NCO of the
Quarter; **Capt. Julie Boit** - Company Grade
Officer of the Quarter; and **Hugh Henry-Pierre** -
Civilian of the Quarter. The 48th MSS Civilians
of the Year are: GS 5 - 8 - **Tammy Bushnell**; GS
9 - 13 - **Rhonda Aubin-Smith**; and Ministry of
Defence - **Cheryl Brotherton**. The MSS team of
the year is the unit self assessment team. Team
members are **2nd Lt. Evan Pitts**, **MSgt. Doug
Casey**, **TSgt. Darryl Jordan**, **SSgt. Clarence
Cash**, **J.D. Benton** and **Sa Vonne Bishop**. The
MSS team of the quarter is the personnel readi-
ness unit. Members are **MSgt. Bo Singh**, **MSgt.
Gene Cline**, **SSgt. Don Danford**, **SrA. Scott
Bishop** and **A1C Jason Beaudoin**.

□ The USAFE Outstanding Active-duty
Intelligence Senior NCO of the Year - Level II is
SMSgt. William Blevins, 48th Operation Sup-
port Squadron.

Correction

In last week's "Jet 48" the staff misspelled Lt. Col. George Horsley's name in the officer promotion listing. Horsley, 48th Dental Squadron, was selected for promotion to colonel.

Wangford gate opens to ease Douglas Avenue congestion

The Wangford Gate is open for military members between 7:30 - 8:30 a.m. and 3:30 - 5:30 p.m. to ease traffic congestion due to construction at the Douglas Avenue and Yarmouth Road roundabout (near Brandon Gate). Traffic access on Douglas Avenue is limited to one way in from 7:30 - 8:30 a.m. and one way out from 3:30 - 5:30 p.m. For more information, call Ext. 1918.

New cardigan available at military clothing sales store

The new Air Force uniform accompaniment, the cardigan sweater, is available at military clothing sales.

The store currently has all sizes except 42 long, 44 long and 46 regular.

Anyone may wear the sweater. It is long-sleeved and designed to be worn with cuffed or uncuffed sleeves. It is 50 percent acrylic, 50 percent non-irritation wool and is machine washable.

The following rules apply when wearing the sweater:

- ☐ The collar of the shirt or blouse worn underneath may be inside or outside the sweater.

- ☐ The sweater will not be exposed when wearing another outer garment.

- ☐ The sweater may be worn with or without a tie or tab, indoors or outdoors.

- ☐ The sweater may be buttoned or unbuttoned indoors, but it must be buttoned if worn outdoors. When buttoned, it will be completely buttoned.

- ☐ The sweater may be worn with all blue service uniforms, including maternity garments.

- ☐ The sweater will not be worn by hospital and food service people in lieu of the white cardigan sweater.

- ☐ Officers and senior NCOs will wear the shoulder mark insignia. All other enlisted members will wear the metal rank insignia. It should be centered horizontally on the epaulet with the bottom one inch from the shoulder seam.

- ☐ The sweater, when buttoned, should not pull between the buttons. The epaulets should fit properly, not extending past the shoulder, and the sweater length should be four to seven inches below the waist.

Recent thefts show importance of keeping an eye on cars

Four vehicles were stolen from military members between Dec. 25 and Jan. 28.

"There doesn't seem to be a pattern at this time," said SrA. Regina Wilson, crime prevention manager. "But, four reported car thefts within a month is three times larger than the number reported to Lakenheath over a normal three-months period."

To keep vehicles safe, people should keep these tips in mind.

- ☐ Park in well-lit areas where possible.

- ☐ Always lock all doors and windows.

- ☐ Use vehicle immobilizers to serve as deterrents. These include steering-wheel locks and gearshift locks.

- ☐ When possible, park vehicles where you can see them.

- ☐ Never attach a tag with name and address to key rings. If they are lost or stolen, the tag can lead thieves directly to cars and homes.

- ☐ Whenever possible, turn wheels sharply toward the curb when parking. This makes it harder for thieves to tow cars.

- ☐ Never leave documents such as title or ownership, original insurance policy or others in cars. This makes it easy for a thief to sell the car.

Approximately 300,000 cars are stolen every year in this country, according to the Suffolk Constabulary. Most are taken by joyriders, but some are taken by professional thieves.

A neighborhood watch program can help people deter car theft. People interested in beginning a program can attend a meeting at 7 p.m. Feb. 11 in the Newmarket community center. For more information about the program or on vehicle safety, call Wilson at Ext. 1424.

Airman retraining program available to first-termers

The fiscal year 1998 first-term airman retraining program has been released. Once airman who have a DEROS between October 1997 and September 1998 have at least 36 months time in service for four-year enlistees, or have 60 months time in service for six year enlistees, are eligible to apply. For more information, call the military personnel flight at Ext. 2434.

Liberty Warrior

"Can do" person of the week



Photo by SrA. Sarah Franco

SSgt. Alrick Arthur

48th Mission Support Squadron

Hometown: South Bronx, N.Y.

Time in service: 10 years six months

Time on station: 16 months

Role in mission: As NCO in charge of the 48th Fighter Wing command section administration and aid to the senior enlisted advisor, I track and handle all administrative correspondence and set up briefings for the wing leadership. I also have a role in our recognition, promotion and induction programs and ceremonies.

Hobbies: Drawing cartoons, lifting weights and karate.

Where do you see yourself in 10 years? Still in the military, doing my thing.

What do you like most about Britain? Britain – and Europe as a whole – I see it as more open and relaxed from what I'm used to.

What is your greatest achievement? Getting my black belt in karate five years ago.

Why did you join the Air Force?

The answer should be to serve my country and what it stands for, but selfishly at that time it seemed like the best choice over college and staying in the concrete jungle.

Who is your role model and why?

My best friend of 10 years, MSgt. Jeff Lane, who's at Hickam AFB, Hawaii, right now. He's the most "complete" person I've ever known, who has excelled in all areas of his life.

Did You Know?

- ☐ If people don't have their shot records when they report to the deployment processing line, they may have to take all shots required for the area they're deploying to. (For more information, call Ext. 1845).

- ☐ Effective with the current technical sergeant and master sergeant cycles, people testing PFE only will have their PFE score count twice, giving them the same possible max points of 460 as those testing PFE and SKT.

Teamwork keeps armament flight running smoothly

By SSgt. Steve Ball
Public affairs

The last thing on an aircrew's mind when they're approaching a target should be "is this bomb going to release when I drop it or is this missile going to launch correctly." The people making sure the equipment is ready for action are assigned to the 48th Equipment Maintenance Squadron armament systems flight.

The flight maintains all equip-

ment on the aircraft that releases, launches or fires weapons.

"Just as with any job, teamwork is essential to our mission," said MSgt. Randy Young, armament systems flight chief. "And in July, we reorganized the flight, hoping to foster a better sense of teamwork. So far, the results have been very successful."

Before the reorganization the flight was set up into three combat armament system teams. Each CAST, which had about 15 people, was assigned to a fighter squadron and was responsible for all that squadron's armament systems maintenance.

"We were constantly having problems with groups of four or five people leaving at one time from the same CAST," said Young. "That meant that squadrons lost one-third of their armament systems maintenance capabilities. Although people from other CASTs would pitch in and help when asked, we weren't fully integrated as a team."

The new system combines the three CASTs into one. It is broken down into almost a dozen crews. Each crew consists of three people led by an NCO or experienced airman.

"Although we've broken down into many different crews,

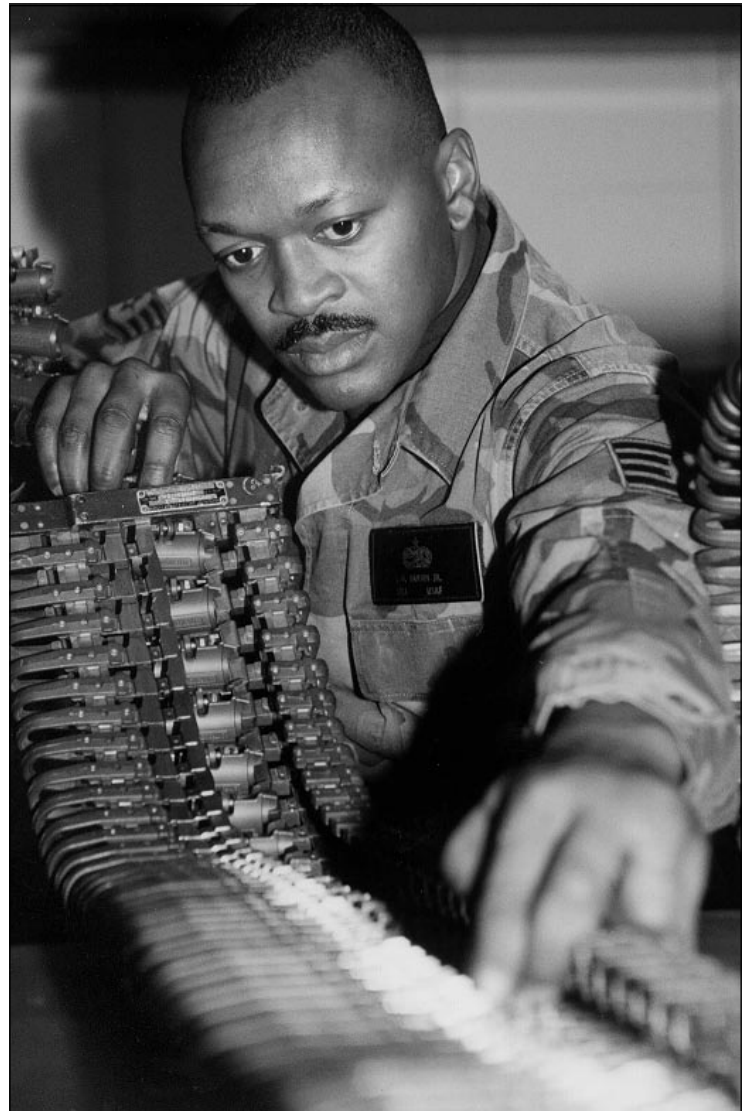


Photo by SSgt. Steve Ball

SSgt. Johnell Marvin Jr., armament systems flight production supervisor, inspects an ammunition chute used to load ammunition on a jet.



An armament systems team member inspects an ammunition loading mechanism.



TSgt. Virgil Lidell, armament systems flight production supervisor, inspects an aircraft pylon.

we now operate as one cohesive team," said Young. "That's the new system's biggest asset."

Another thing the change did was put the people with the experience, the mid-level NCOs, back on the shop floor.

"At first I didn't like the crew system," said SSgt. Drew Page, armament systems flight weapons crew chief. "I had just finished 'paying my dues' and had a role in management. The new system put me back on the shop doing hands-on maintenance."

"Now, I wouldn't want to go back to the three-CAST system. I work directly with the airmen I supervise and am much more involved in their day-to-day training."

The new system also provided numerous other benefits, according to Young.

"It is much easier for us to meet our TDY schedules and training requirements," said Young. "It also allows us to have the people doing the job to make more of the decisions."

"When a job comes in, it's assigned to a crew and that crew decides how the job will be done. This again makes people feel part of the team. It also allows young airmen, who are sometimes not involved in the decision-making process, to get involved and see how decisions are made, not just told the results."

"The effectiveness of a cohesive goal-focused team is a powerful self-motivating force," said Young. "It is apparent in the achievements, attitude and wing support provided by the armament systems flight."

Tuskegee airmen battled on two fronts

By Col. (Ret.) Alan L. Gropman
Author

Editor's note: This is an abridged article from the book "Makers of the United States Air Force" by John L. Frisbee.

In April 1948, three months before President Harry S. Truman's Executive Order 9981 directed desegregation in the armed forces, the Air Force announced its intention to integrate racially.

The landmark decision was heavily influenced by the achievements of a man of uncommon judgment and moral courage. That man was Benjamin O. Davis Jr., the first black man to graduate from the U.S. Military Academy in the twentieth century, leader of the only black combat air group during World War II, and the first black general officer in the United States Air Force.

Davis was born Dec. 18, 1912, in Washington, D.C., the son of the officer who became the first black general in the U.S. Army. His father insisted on good manners, integrity, responsibility, and punctuality — virtues that were to be especially useful in a military career. After high school, Ben Davis first attended college and then received an appointment to the U.S. Military Academy at West Point. Davis was the ninth black to enroll at West Point since its founding in 1802, and the fourth to graduate.

The Army he joined in 1932 was a reflection of American society of the time. If anything, it was more tightly segregated on racial lines than was society at large, and West Point was no exception to the general Army practice. From the time he entered the Academy to graduation in June 1936, Davis had no roommate. Upper-classmen directed that he be "silenced" — that no cadet speak to him — hoping to drive him from West Point. With one brief interlude at the "recognition ceremony" marking the end of Plebe, or freshman year, the silencing continued throughout his four years at the academy.

Despite this extreme social pressure, Davis graduated 35th in a class of 276. Howitzer, the

Academy year book, said of him: "The courage, tenacity and intelligence with which he conquered a problem . . . more difficult than Plebe year won for him the sincere admiration of his classmates, and his single-minded determination to continue in his chosen career cannot fail to inspire respect wherever fortune may lead him."

Davis had been smitten by flying from a barnstorming ride as a boy of 14, and applied for flight training with the recommendation of Academy Superintendent Maj. Gen. William D. Conner; but the segregated Air Corps took no blacks in any capacity, service or flying. He was assigned to the infantry as commander of a black service company at Fort Benning, Ga., and in a year was enrolled as a student in the infantry school at that post.

Upon graduation from the year-long course, Davis became an ROTC instructor at the all-black Tuskegee Institute of Alabama. After nearly three years at Tuskegee, Davis was assigned to Fort Riley, Kan., as an aide to his father, Brig. Gen. Benjamin O. Davis Sr., and soon thereafter to the newly formed black flying school near the town of Tuskegee. Tuskegee Army Air Field was established by the Air Corps (which became the Army Air Forces June 20, 1941) because of pressure from President Franklin D. Roosevelt who was responding to an intense campaign by the black press and the National Association for the Advancement of Colored People to open flying training to blacks. In December 1940, the Air Corps, at Roosevelt's order, reluctantly submitted a plan to the Secretary of War for creating a single, segregated pursuit squadron with a complement of 47 officers and 429 enlisted men. The 99th Pursuit Squadron was activated at Chanute Army Air Field, Illinois, March 22, 1941, with ground-crew training only. Tuskegee Army Air Field was officially established July 23, 1941, to train pilots.

Captain Davis, because he was a Military Academy graduate and had the physical and mental capabilities to fly, was chosen to be leader of the first class of 13 that entered flight



Davis in the cockpit of a P-51.

training in August 1941. There was, however, a short delay in Davis' movement from Fort Riley to Tuskegee because word of the change in Army Air Force policy had not been broadcast widely. Before proceeding to Tuskegee, Davis was required to pass a flight physical. He appeared before the post physician at Fort Riley only to be failed for epilepsy, a disease he has never had. The matter had to be corrected by another flight physical, this time performed by a doctor who was aware that flying training had been opened to blacks.

Of the initial group of 13 that was led by Davis, the young captain and four cadets graduated as fighter pilots in the U.S. Army Air Forces on March 7 1942. The five original graduates formed the nucleus of the 99th Pursuit Squadron. In time Tuskegee Army Air Field graduated almost 1,000 black Americans. These men have been known ever since as the Tuskegee Airman.

When the 99th Pursuit Squadron completed its combat training, the Army Air Force could find no commander in a combat zone who would accept the units, but with a dignity and bearing none of his men ever will forget, Davis led the 99th through interminable training sorties waiting with a well-disguised impatience for the opportunity to fly and fight. When finally ordered to North Africa in the spring of 1943, Davis and his men carried the knowledge that upon their performance rested the future of blacks in military flying.

People must remember, Davis and his men had fought on two fronts: against the enemy abroad and against the discrimination they had suffered from birth. While the men were under Davis' command, they answered insults his way — with articulate silence and the demonstrated ability to fly and fight.

Davis set out in 1941 to help achieve integration in the military forces by disproving the core argument for segregation: the widespread belief that blacks could not perform as well as whites. He succeeded. The integrated Air Force unquestionably became more efficient than a segregated force had been.



A class of twin-engine pilots in front in flight caps and single engine pilots in rear in helmets and goggles, Dec. 1943.

Jorvik festival begins today

By Linda Laws
Community relations advisor

If you happen to be in the city of York next week, you might feel as if you have gone through a timewarp – backwards to the time 1,000 years ago when the Vikings ruled this part of England. Why? Well, from today - Feb. 16, the city holds its 12th Jorvik Viking Festival at various locations.

In 1985, the Jorvik Viking Centre was opened to the public with the idea that people should see history in an environment as close to what it would have been at the time. The old settlement of Jorvik lies beneath the busy streets of York, once the capital of the north.

The annual festival has grown each year from its small beginnings to become the large event it is now. It stems from the old "Jolablot," which was the name given to festivals celebrated at this time of year. In addition to involving many local people, the event attracts visitors from other parts of the United Kingdom and from countries overseas. The festivities include the Longships' Regatta, Viking feasts, Viking combat and a torch-lit procession and boat-burning finale on the River Ouse. The highlights will include the following, but there is much more to do and see during the week.

Longships' Regatta

The Longships' Regatta is Saturday. This event takes place on the River Ouse, one of the most important rivers from a navigational point of view in the whole of England. Incidentally, this is the same River Ouse which flows through

King's Lynn, Norfolk, just a few miles from RAF Lakenheath. Teams of rowers from all over the United Kingdom and Scandinavia – some of national and Olympic standard – take part in the event.

This year, there are three competitions: the first for serious rowers to decide the Championship Crew of 1997; the second for "fun" crews who compete for titles such as "most vocal crew," "most innovative costume," and the "festival spirit trophy" for the crew which best represents the Viking spirit. The final competition is specially for the Scandinavians who bring their longships all the way from Norway to take part in the festival racing. The winning team takes home the title of "Jari (lord) of the River."

In the middle of the day, there is a break in the racing schedule to enable the longships to unfurl their sails, bringing a real touch of Viking times to the river.

Viking procession, combat

The Viking warriors procession and combat is Feb. 15.

Probably one of the most exciting events of the festival is the sight of hundreds of Viking warriors descending upon the Eye of York, at the base of Clifford's Tower. Clifford's Tower is a castle keep dating back to the 13th century, set up by William I. Castle keeps are part of the fortifications systems used against enemies. There were two previous keeps on the site, both made from wood, one of which was burned down in 1190 and the second being destroyed in the great gale of 1228.

The day starts with a procession through the city streets on the way to the battle ground. On arrival at the battlefield, the warriors form up for battle, rank by rank. One such formation, called the "boar-snout and charge" is a typical Viking formation, so-called because the warriors arrange their fighting forces in the shape of a boar's snout before charging into their Saxon opponents.

Boat burning ceremony, finale

The Viking boat burning ceremony and fireworks finale is at 6 p.m. Feb. 15 at the River Ouse.

The Viking longship used in this ceremony is built by joiners from the City of York Workshop.

The ceremony starts with a procession of Vikings carry-



For more information about living in Britain, call me at Ext. 3145.

ing their fire torches parading from Clifton to Marygate in the city, and then proceeding onto the river banks. The boat is tethered in the Ouse. The Viking archers come to the fore, ready to fire their flaming arrows into the boat.

As the arrows hit the sail, the boat begins to burn. After the boat has finished burning, a fireworks finale concludes the event.

Traditional craft fair

Throughout the festival, a traditional craft fair is held in the Merchant Adventurers Hall daily between 10 a.m. - 3 p.m. Exhibits include willow basket making, beekeeping products and candles, rune casting, pottery, leathercraft, jewellery, silverwork, toys and armour. Admission is £1 for adults and 50p for children.

York's other attractions

If you are not able to go during the Jorvik Viking Festival, York has a lot to offer visitors at any time of the year.

York Minster

The largest medieval church north of the Alps, built by Bishop Wilfred, is famous for its wealth of stained glass – most of which is original to the building. It was in A.D. 735 that the Pope upgraded York to an archbishopric, making it independent on Canterbury, Kent. In its history, there have been two fires, the first in A.D. 741 which destroyed it completely and the most recent in 1984 which caused extensive damage to the main transept.

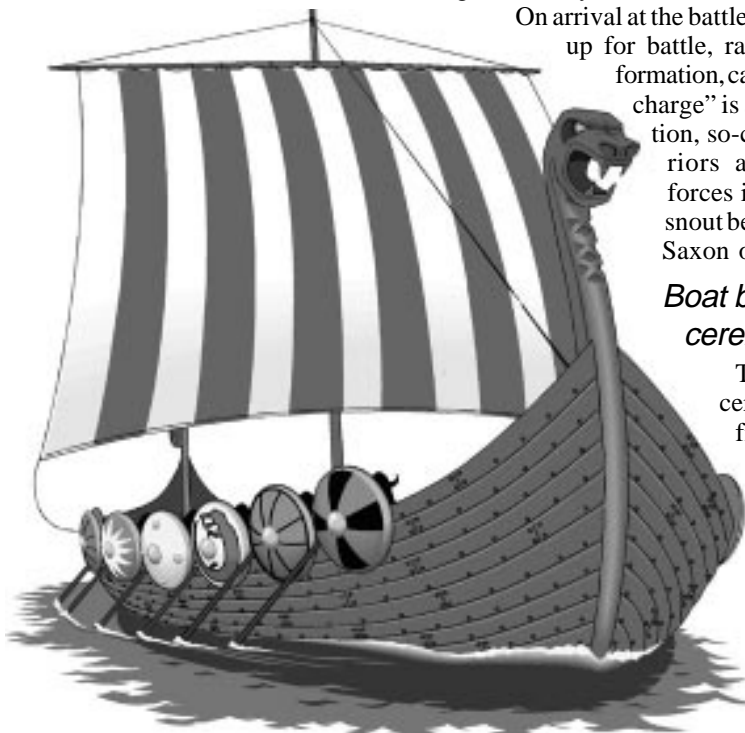
The shambles

Today this quaint street of little shops belies its rather gruesome past. "Shambles" means a place where butchers used to do their business.

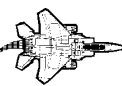
How to get there

York lies in the county of Yorkshire in the north of England. It can be reached easily from the A1 via the A64. From the base it takes about three hours, depending on the time of year and traffic conditions.

For further information on the festival, or York in general, call the York Tourism Bureau at (01904) 620557.



Lakenheath - Feltwell Community



Quarterly awards luncheon

The 48th Fighter Wing quarterly awards luncheon is 11:30 a.m. today in the officers' club ballroom. Cost is \$8 per person. Attire is service dress for the head table and nominees and duty uniform for others. Call unit first sergeants for more information.

Wing annual awards banquet

The 48th Fighter Wing annual awards banquet is Feb. 15 at the officers' club. The event begins at 6 p.m. and dinner is at 7 p.m. Attire is mess dress or semiformal. Cost is \$20 per person. For more information, call squadron first sergeants.

Self-help center closed

The self-help center is closed for inventory Monday - Feb. 14. For more information, call Ext. 2577.

Chapel activities

The chapel sponsors a Shrove Tuesday Pancake Supper from 5 - 7 p.m. Tuesday in the chapel. The staff accepts egg-dish donations until 5 p.m. the day of the dinner.

For more information, call the chapel at Ext. 3711.

'I Hate Hamlet' tickets

Ticket sales for "I Hate Hamlet" begin at 10

a.m. Feb. 17 at the community activities center. Performance dates are March 14, 15, 21, 22 and 23. For more information, call Ext. 2221.

Mayfair bazaar

A meeting for organizations interested in operating a food or amusement booth at the RAF Mildenhall officers' wives club Mayfair bazaar is at 8 a.m. Feb. 24 at the Mildenhall base chapel. There are 12 food booths and four amusement slots available this year. For details, call George Andino at (01842) 827696.

Enlisted spouses club meeting

The enlisted spouses club meets at 7:30 p.m. Monday in the Liberty Club ballroom. For this month's tour, the club visits Chili's for lunch Feb. 18. Members must sign up at the meeting. For more information, call (01638) 533758.

Flying club meeting

The RAF Feltwell flying club meets at 9 p.m. Monday in the RAF Lakenheath Community Activities Center. For more information, call Ext. 2288 or (01638) 533663.

Cats neutered for free

The Cats Protection League in Bury St. Edmunds neuters cats for free in February. For more information, call Ext. 3145 or 3915.

CGOC meeting

The 48th Fighter Wing Company Grade Officers Council meets at 4:30 p.m. Feb. 14 in the officers' club Suffolk Room. For details, call Capt. Patrick Ryder at Ext. 2151.

Tax center open

The tax center is open from 9 a.m. - 5 p.m. Mondays through Fridays in Bldg. 905. The center offers electronic tax filing and tax assistance. For more information, call Ext. 1805.

More information about taxes is available at <http://www.irs.vstreas.gov/plain/cover.html>.

Dental Health Month activities

□ Sunday - The dental clinic staff provides dental health information from 10 a.m. - 4 p.m. at the base exchange.

□ Feb. 25 - Lt. Col. Jeff Mabry, children's dental specialist, provides well-baby screenings from 8:30 - 11 a.m. in the base chapel for children up to two years old.

□ Feb. 26 - The dental clinic staff visits the Lakenheath elementary school to provide screenings for third-grade students.

Long-term parking lot closed

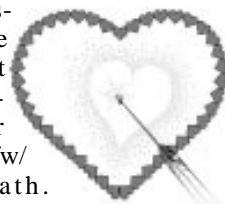
The long-term parking lot at RAF Mildenhall is closed now. People should move their cars by March 14 for a construction project. An interim parking lot is set up across from the softball field in front of the recycling center. For more information, call SSgt. Glenn Languirand at 89-2060.

Red Cross volunteer orientation

The American Red Cross sponsors an orientation for new volunteers at 9 a.m. Feb. 19 in Bldg. 975. For more information, call Ext. 1855.

Valentine's Day messages

The "Jet 48" publishes Valentine's Day messages in the Feb. 14 issue of the magazine. Submit messages to public affairs in writing or through e-mail at 48fw/pa@48fw.lakenheath.af.mil. Messages should be limited to 30 words and should be in good taste. All submissions should include the name and phone number of the submitter. For more information, call Ext. 2151.



For information about chapel and off-base worship services, call the RAF Lakenheath chapel staff at Ext. 3711.

Family Support

Contact the family support center staff at Ext. 3847 for information on any of the following programs, or stop by Bldg. 692. All classes are held in the family support center unless otherwise noted.

Delivery program

A special delivery program for expectant parents and parents of newborns is 9 a.m. - noon today in the conference room. Program topics include an overview of the book "Your Baby's First Year," a financial presentation on "Budgeting

For the New Baby," basic parenting principles, information on building children's self-esteem, communication, effective discipline and redirecting misbehavior. Participants will receive a free bundle of baby supplies

Spouses group

The foreign-born spouses group meets 6 - 8 p.m. today and Feb. 7 in the conference room. This is an educational forum for spouses who are of foreign heritage.

Teen life group meets

A teen life group meets 4:30 -

6:30 p.m. Monday at the youth center. The group promotes development and coping skills among teenagers and preteens.

PCS with ease

A PCS with ease seminar is 1 - 3 p.m. Wednesday in the conference room. This class provides departing members with information to ease PCS moves.

Interviewing workshop

An interviewing workshop is 1 - 5 p.m. Wednesday in the small classroom. This workshop provides training in job interviewing and "dressing for success."

Gamblers anonymous

Gamblers anonymous meets 6:30 - 7:30 p.m. Feb. 7 in the conference room.

Hearts Apart

The Hearts Apart support group meets at 9 a.m. Fridays at the base chapel. This hour-long meeting provides spouses of deployed active-duty members a place to meet with other spouses for support and information. While adults are in Hearts Apart, the children attend Little Hearts Apart, a program designed for children with a deployed parent. Little Hearts Apart runs until noon.

Information briefing

A newcomers briefing is 8 - 11:30 a.m. Tuesday at the base theater. The briefing highlights the impact personal readiness plays in mission readiness.

What's on at 48th Services RAF LAKENHEATH Combat Support & Community Service

Friday – Feb. 7	Saturday – Feb. 8	Sunday – Feb. 9
<ul style="list-style-type: none"> □ A new skate night is 7 - 11 p.m. Fridays for ages 13 and over. (Ext. 1627) □ The youth club plays musical madness 3 - 4:30 p.m. for ages 6 - 8. (Ext. 3180) □ "The Fever" plays at 9 p.m. at the rod and gun. (Ext. 2368) 	<ul style="list-style-type: none"> □ The RAFs Lakenheath and Feltwell community activities centers sponsor flea markets from 10 a.m. - 4 p.m. (Ext. 2221 or 7022) □ A sweetheart tournament is 7:30 p.m. at Liberty Lanes. Sign up at 6:30 p.m. (Ext. 2108) 	<ul style="list-style-type: none"> □ A flamenco-dancing demonstration is 7 - 9 p.m. at the library. (Ext. 3713) □ Woodturning classes are 11:30 a.m. and 2:30 p.m. at the woodcrafts center. (Ext. 3367) □ Sunday brunch is 10 a.m. - 2 p.m. at the Liberty Club for all ranks. (Ext. 3869)

DOD show at Lakenheath

"Quadrillion," a rhythm and blues band plays at 9 p.m. Feb. 16 at the Liberty Club. The event is open to all ranks and all identification card holders. Admission is free. Afterwards, the Liberty Club sponsors an all-nighter until 3 a.m. For more information, call Ext. 3869.

Correction to 'AtEase'

An adult storytelling series begins noon - 1 p.m. Feb. 21. The date was misprinted in the February "AtEase" magazine. The series includes folk stories and legends of East Anglia. Call Ext. 3713 for more information.

Cat chat seminar

The community activities center and Animal Crackers pet club sponsor a seminar on cats at 7 p.m. Monday. David Redtfeldt, general council cat judge, speaks about cat care and showing. For details, call Ext. 2221.

Valentine dinner, dance

The Liberty Club sponsors a Valentine's Day dinner and dance at 7 p.m. Feb. 14. The complete dinner is \$45 per couple and includes

a four-course dinner prepared by the Liberty Club's chef. The disco starts at 10 p.m. People must make reservations to participate. Call Ext. 3869 for more information.

Singles' party

The Freedom Café sponsors a singles' party at 7 p.m. Feb. 14. Tickets cost \$10 per person. Admission includes a chance to win a trip for two to Paris. For details, call Ext. 3869.

Officers' club fine dining

The officers' club sponsors Valentine's Day fine dining at 6:30 p.m. Feb. 14. The evening begins with wine tasting, followed by a six-course meal featuring stuffed tenderloin or chicken Oscar. For reservations, call Ext. 2535.

Valentine's day balloon deliveries

The RAFs Lakenheath and Feltwell community activities centers offer a balloon delivery service for Valentine's Day. Deliveries begin at 9 a.m. and continue throughout the day. The delivery area is on-base, but no restricted areas. Prices begin at £7.50. Call Ext. 2221 or 7022 to place orders.

Arthurian Legend Series

The library sponsors the first in a series of free lectures from noon - 1 p.m. Feb. 14. The title is "Sir Gawain and the Green Knight." For more information, call Ext. 3713.

Cadbury World, Merry Hill mall

Information, Tickets and Tours sponsors a trip at 7 a.m. Feb. 15 to Cadbury World and Merry Hill Mall. Cost is £16.10 for adults, £12.70 for children 5 - 14 and £9.20 for children 3 - 4. Call Ext. 2979 for details.

Liberty Club bingo

More than \$2,000 is given away in cash and door prizes at Liberty Club bingo every Tuesday. Doors open at 6 p.m. and games begin at 7:30 p.m. For details, call Ext. 3869.

Get to know your car

The auto crafts center sponsors a basic bumper-to-bumper maintenance class 5 - 8 p.m. Monday. Call Ext. 2454 to register.

At the movies

RAF Lakenheath

Friday

7 p.m. - "Romeo and Juliet" (PG-13) Starring Leonardo DiCaprio and Claire Danes. Two modern-day lovers are doomed by a force beyond their control.

9:30 p.m. - "Ransom" (R) Starring Mel Gibson and Rene Russo. A tycoon's life is turned upside down when his son is kidnapped. After an FBI plan fails, the father uses his business skills to get his son back.

Saturday

4 p.m. - "The Mirror Has Two Faces" (PG-13) Starring Barbara Streisand and Jeff Bridges. This romantic comedy explores the myths of beauty and sex and how they complicate relationships.

7 p.m. - "To Gillian On Her 37th Birthday" (PG-13) Starring Peter Gallagher and Claire Danes. A reclusive man is desperately in love with his wife, Gillian, who has been dead for two years. Every night, he goes to the beach and talks to her for hours.

9:30 p.m. - "Set It Off" (R) Starring Jada Pinkett and Queen Latifah. Four women develop a plan to break out of the hood. They find out it can't buy freedom.

Sunday

4 p.m. - "The Mirror Has Two Faces" (PG-13)

7 p.m. - "To Gillian On Her 37th Birthday" (PG-13)

Monday

7 p.m. - "To Gillian On Her 37th Birthday" (PG-13)

Tuesday

7 p.m. - "To Gillian On Her 37th Birthday" (PG-13)

Wednesday

7 p.m. - "The Mirror Has Two Faces" (PG-13)

Thursday

7 p.m. - "Set It Off" (R)

Feb. 14

7 p.m. - "The Mirror Has Two Faces" (PG-13)

9:30 p.m. - "Set It Off" (R)

RAF Mildenhall

Friday

7 p.m. - "To Gillian On Her 37th Birthday" (PG-13)

9:30 p.m. - "Set It Off" (R)

Saturday

7 p.m. - "Space Jam" (PG) Starring Michael Jordan and Bugs Bunny. Jordan helps cartoon characters win a basketball game against a team from outer space.

9:30 p.m. - "Jingle All The Way" (PG) Starring Arnold Schwarzenegger and Sinbad. A harried father finds himself in a mad rush to find his son's No. 1 Christmas present.

Sunday

4 p.m. - "Space Jam" (PG)

7 p.m. - "Bad Moon" (R) Starring Mariel Heminway and Michael Pare. Bitten by a strange beast in Nepal, a man is transformed and only his sister's dog recognizes the evil in him. The dog is all that stands between him and his sister's family.

Monday

7 p.m. - "Jingle All The Way" (PG)

Tuesday

7 p.m. - "Space Jam" (PG)

Wednesday

7 p.m. - "Space Jam" (PG)


Thursday

7 p.m. - "The First Wives Club" (PG) Starring Bette Midler, Goldie Hawn and Diane Keaton. Three close friends, who have been divorced by their husbands in favor of younger women, concoct a plan to exact vengeance on their ex-husbands.

Feb. 14

7 p.m. - "The Chamber" (R) Starring Chris O'Donnell and Gene Hackman. A Chicago attorney discovers that his client, a white supremacist on death row, is also his grandfather. He fights to spare him.

9:30 - "Daylight" (PG-13) Starring Sylvester Stallone and Amy Brenneman. When an explosion seals both ends of a commuter tunnel between Manhattan and New Jersey, a desperate group of survivors find themselves beneath the Hudson River. Stallone leads the rescue mission to bring the group to safety.



Menu

Knights Table

Friday
Lunch: pepper steak, broccoli-and-turkey casserole, lemon-herbed chicken
Dinner: beef-and-corn pie, roast turkey with barbecue sauce, vegetable curry

Saturday
Lunch: spinach lasagna, broccoli-chicken-potato casserole
Dinner: turkey nuggets, Oriental chicken stir fry, shrimp curry

Sunday
Lunch: barbecued beef cubes, pineapple chicken
Dinner: beef stroganoff, jaegerschnitzel, ginger-barbecue chicken

Monday
Lunch: braised beef and noodles, baked chicken, vegetarian stuffed peppers
Dinner: barbecued pork chops, red beans and sausage, mustard-dill baked fish

Tuesday
Lunch: Swedish meatballs, gingered pork, crispy baked chicken
Dinner: Yankee pot roast, grilled Polish sausage, herbed-baked fish

Wednesday
Lunch: tacos, chicken fajitas, burritos, tamale pie
Dinner: chicken-fried steaks, turkey a la king, meat loaf

Thursday
Lunch: spaghetti with meat sauce, sweet-and-sour spare-ribs, vegetable-topped chicken breasts
Dinner: stuffed green peppers, chicken adobo, stir fry beef with broccoli

High school teams win 3, lose 1

By Gary Webb
High school basketball coach

Each of the RAF Lakenheath High School basketball teams had home games this weekend.

Red girls

The Lady Red Lancers continued their winning ways with a 38-24 victory over American School in London Friday for the second time this season. The game was at the high school.

The victory earned the Lady Red Lancers the conference championship and ensured a berth in the Central European Playoffs Feb. 19 - 22 at Mannheim, Germany.

Keara Keller had a big day with 14 points and 17 rebounds. Stephanie Prohaska had eight points and Lisa Webb added another seven.

The Lady Red Lancers ended 20 years of dominance by American School in London girls beating them two times this season for a 10-0 record.

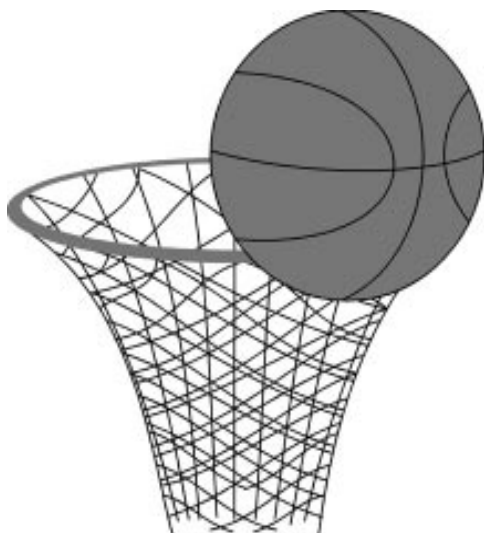
Red boys

The Red Lancers lost to the American School in London by a score of 53-48 Jan. 31 at the high school.

Chris Mazowieski scored 14 and Detrick Bush made six of seven shots for 13. Red's strength is its speed and discipline but a slow tempo favored the American School in London.

To win the conference championship, the Red boys could lose by no more than four points, the amount they beat the American School in London two weeks ago.

For an exciting finish, Mazowieski buried



a three-point shot while being hammered by Mark Dodson of the American School in London with four ticks left on the clock, but the referee "no-called" the foul and only awarded Red two points to give the American School in London the championship.

Blue girls

London Central came to Lakenheath Saturday and went home defeated by the finest performance of the Lady Blue Lancers this season.

Shamika Hall dominated and scored 19. Aja Robinson, a fearless freshman, assisted with 14 and took some of the pressure off Hall.

The Lady Blue Lancers are peaking just in time for the United Kingdom Championships to be held at Lakenheath High School Feb. 11 - 14. If they win the tournament, they will also have a berth to the Central European Playoffs to be held in Mannheim, Germany.

Blue Boys beat Bobcats

By David Ferreira
Jet 48 correspondent

The RAF Lakenheath Blue Lancers pulled off a heroic, last-second victory over the London Central Bobcats 52-51, Saturday at the high school gym.

In a game that continuously went back and forth, a few fast breaks in the second half put the Lancers in the lead. But London Central put the heat on and proceeded ahead 51-49, with mere seconds on the clock.

But, Lakenheath wouldn't crumble. The Lancers took back the ball and ran the clock down looking for an open man. They found team captain Delonte Deeton who swished a three from the top of the key, with one second on the clock, crushing London Central's supposed victory. His shot cleared the stands as spectators rushed the court to congratulate the team.

"I'm glad I made it, because if not, the free-throw I missed earlier would have cost the team the game," said Deeton, when asked about his "fairy-tale" shot.

Troun Teneyek led Lakenheath with 12 points and Rodney Cobb dropped in 11 of his own. Will Young had an important block in the second half on London's J.P. Catral which stopped two badly needed London points. London's Rob Mills hit 18 to lead all scorers, and Catral donated 10 more to help their fruitless cause.

The Blue Lancers travel to RAF Alconbury for their season conference finale today.

Sports Shorts

51 points in a game

Calvin Williams, DSTS scored 51 points in a game against Supply 1 Tuesday. No one has scored that many points in a game, according to the fitness and sports center personnel. The game went into overtime, and DSTS won 71-60.

Skating

People 13 and over can skate 7 - 11 p.m. Fridays at the skating rink. Cost is \$3 per person and \$1 extra for skate rental. Youth over 10 may skate unaccompanied during family skate sessions.

The skating rink sponsors Valentine's Day skating 7 - 11 p.m. Feb. 14 for identification card holders 13 and over. Admission is two-for-one for couples.

The skating rink books birthday parties during regular skating sessions. The staff provides games, prizes and face painting for party members.

For more information, call Ext. 1627.

In-line hockey

Saturday is the last day to register for in-line hockey for

youth ages 5 - 18. The season is March 15 - April 19. For more information, call Ext. 3180.

Racquetball tournament

The fitness and sports center sponsors a Valentine's Day racquetball tournament Feb. 14 - 16. T-shirts are given to participants and prizes to winners. Sign up by Tuesday. Call Ext. 3607 for more information.

Step out

The fitness and sports center sponsors step out, a two-hour step aerobic class. The class is

10 a.m. - noon Feb. 22 and is open to all identification card holders. For more information, call Lorraine Botwright at Ext. 3607.

Basketball all-star day

The fitness and sports center sponsors an intramural-basketball all-star day Feb. 22. The day includes the intramural championship game and the over 30's championship game. There is also a three-point shoot-out and a slam-dunk contest. For details, call Ext. 2391.

Packers coach, NCO make success family tradition

By SSgt. Steve Ball
Public affairs

One RAF Lakenheath NCO watched the Superbowl a little more intently this year as his brother helped lead the Green Bay Packers to their first Superbowl win since 1969.

MSgt. Mike Sydney, 48th Security Police Squadron standardization and evaluation NCO, and his brother Harry Sydney, running-back coach for the Green Bay Packers, have both been successful in their careers. Mike, who has been in the Air Force for 14 years, was selected for promotion to master sergeant in 11.5 years of service and Harry just earned his third Superbowl ring.

Mike attributes their success to a good family structure when they were growing up.

"Being military brats we learned discipline way before our time," said Mike, whose father is a retired Army sergeant major. "Attention to detail is something that was instilled in us when we were kids. And it's paid off because

we carry that into every aspect of our lives."

By the time they were five, Mike and his two brothers and two sisters were involved in year-round sports programs.

"We weren't the typical kids on the block," said Mike. "None of us have ever been in trouble with the law, we always did good in school, and sports played a big role in that. My mom was always there to ensure we were ready for our games and attended almost every game from Pop Warner (little league) to the day we went to college.

"I recall one time when we had to go into the hospital so our mom could see us and make sure we were ready for the game the day after my little brother was born. The attention to detail was always there."

Mike said he and his brother Harry are pretty close. They talk on the phone to each other weekly.

"We're always talking coaching strategies," said Mike. "Since I was a defensive back in high school and college and he never played defensive back, I'll give him coaching tips and

make suggestions. He says he takes them back to the team, but I doubt he tells them they were 'his brother's' suggestions.

"I talked with him a few days before the game and he told me they were prepared. So I was pretty confident when I was watching the game. But I have to admit, I was a little nervous when the Patriots were up 14-10 in the first quarter. Fortunately, it all worked out."

Mike hopes to make chief master sergeant while in the Air Force and once retired, hopes to get a chance to coach, too.

"I'm too old to play now," said the 35-year-old. "I am coaching a local British football team (the Milton Keynes Pioneer in the British American Football Association) and really enjoy it. I would live to get the opportunity to do it full time."

Although there's no Superbowl ring on his finger, Mike doesn't feel he's any less successful than his brother.

"We're all successful in what we're doing," said Mike referring to his brothers and sisters. "And we have our parents to thank for that."

Covered Dental's Kevin Moffitt, (32) and teammate Mike Garrett go up for a rebound against William Jones, (15) SPS 1 during intramural action Tuesday night. Although Dental won the game 64-61, the / SPS 1 made a great come back effort after being down 49-16 at the half.



Photo by SrA. Jeff Capenos

Sports shorts

From page 25

Coaches clinics

The youth center sports program sponsors a coaches certification clinic at 5:30 p.m. Feb. 27 and March 3. All coaches must attend. For more information, call Ext. 3180.

Coaches selection

The fitness and sports center needs varsity coaches for men's and women's softball, volleyball, soccer and track and field.

Individuals can complete an application at the center. Call SSgt. Chris Rogers at Ext. 3607 for more information.

2-for-10 special

The aero club offers a two-for-10 special through March. When members fly 10 hours in one month, they get two hours free. Call Ext. 3152 for details.

Liberty Lanes

Liberty Lanes offers a Winter Wonderful 30-game punch card for \$25. The cards are valid until March 31 and may be used any time. Call Ext. 2108 for details.

Youth soccer

People interested in coaching during the RAF Mildenhall youth soccer season should call Gary Vicsik at 89-2990.